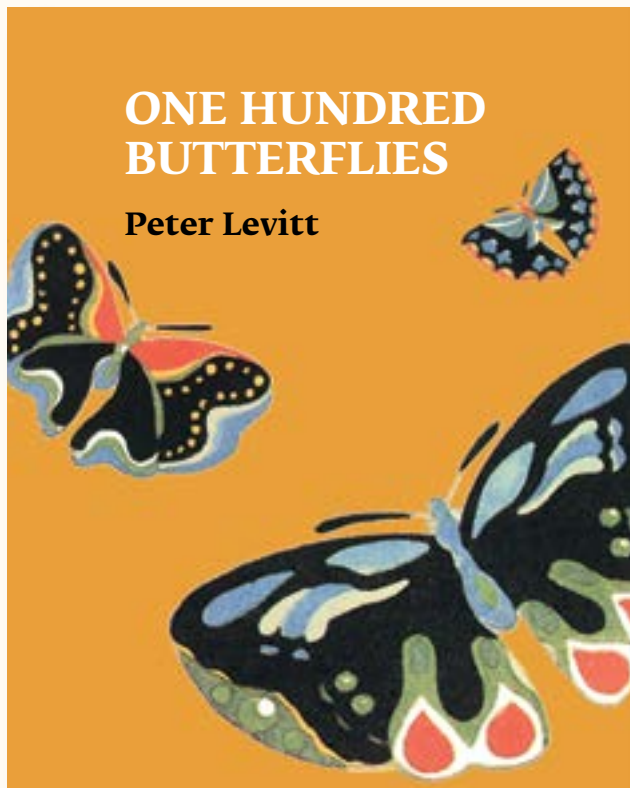


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Natalie Goldberg
Author of *Writing Down the Bones*;
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other books

Don't eat so fast.
When you use your sticks
like scissors
you frighten the rice.

For a glimpse at the inside of *One Hundred Butterflies* see page 2.
For ordering information see page 3.

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By Peter Levitt

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Tall grasses
have much to teach
the bowed head of a man

68

Watermelons and Zen students
grow pretty much the same way.
Long periods of sitting
till they ripen and grow
all juicy inside, but
when you knock them on the head
to see if they're ready—
sounds like nothing's going on.

69

The potter,
innocent of all
he makes
how could he know
his bowl would hold the moon?

17

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